

Alto Sax.

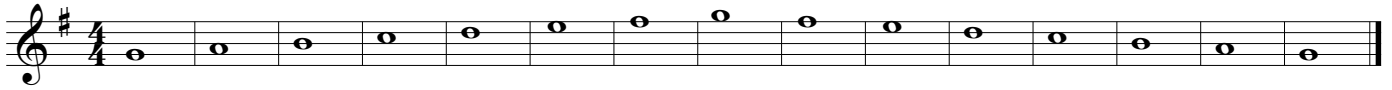
# Daily Routine for Band

## Covid-19 Edition

Start at the top working on fundamentals  
Young players: play as much as you can  
Advanced players: substitute other scales and use your full range

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① Play very slowly concentrating on a full relaxed breath



② Fast air, slow air, fast air



③ Medium, fast, medium, slow air



④ tah, tah-tah, tah on one column of air



⑤ Play slurred, tongued, slur 2 - tongue 2, tongue 2 - slur 2



⑥ Maintain your best sound throughout swells



⑦ Jeopardy Warm up!



⑧ Play with both straight and swing eighths



⑨ Play slurred, tongued, slur 2 - tongue 2, tongue 2 - slur 2



⑩ Play slurred, tongued, slur 2 - tongue 2, tongue 2 - slur 2

Extend to play your entire range



⑪ Maintain your best sound throughout swells

