

# Daily Routine for Band

## Covid-19 Edition

Horn in F (Solo Practice)

Start at the top working on fundamentals  
Young players: play as much as you can  
Advanced players: substitute other scales and use your full range

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1 Play very slowly concentrating on a full relaxed breath

0 1 0 1 0 12 2 0 2 12 0 1 0 1 0



2 Fast air, slow air, fast air  
0 - Fast air, slow air, fast air 2 -----, 1 -----, 12 ----- continue using 23, 13, 123



3 Medium, fast, medium, slow air  
12 -----, 1 -----, 2 -----, 0 -----,



4 tah tah-tah tah on one column of air



40



5 Play both slurred and tongued (tah) with the same air flow



6



7



8 Play with both straight and swing eighths



9 Play slurred, tongued, slur 2 - tongue 2, tongue 2 - slur 2



10 Play slurred, tongued, slur 2 - tongue 2, tongue 2 - slur 2



11 Maintain your best sound throughout swells

