

Daily Routine for Band

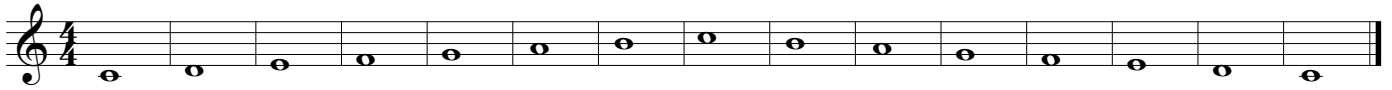
Covid-19 Edition

Tenor Sax.

Start at the top working on fundamentals
Young players: play as much as you can
Advanced players: substitute other scales and use your full range

Bob Nicholson
RNicholson@hrce.ca
lowbrassbob@gmail.com

① Play very slowly concentrating on a full relaxed breath



② Fast air, slow air, fast air



③ Medium, fast, medium, slow air



④ tah, tah-tah, tah on one column of air



⑤ Play slurred, tongued, slur 2 - tongue 2, tongue 2 - slur 2



⑥ Maintain your best sound throughout swells



⑦ Jeopardy Warm up!



⑧ Play with both straight and swing eighths



⑨ Play slurred, tongued, slur 2 - tongue 2, tongue 2 - slur 2



⑩ Play slurred, tongued, slur 2 - tongue 2, tongue 2 - slur 2



Extend to play your entire range

⑪ Maintain your best sound throughout swells

