

Tuba

Daily Routine for Band Covid-19 Edition

Start at the top working on fundamentals
Young players: play as much as you can
Advanced players: substitute other scales and use your full range

Bob Nicholson
RNicholson@hrce.ca
lowbrassbob@gmail.com

① Play very slowly concentrating on a full relaxed breath

0 13 12 1 0 12 2 0 2 12 0 1 12 13 0

② Fast air, slow air, fast air

0-----, 2-----, 1-----, 12-----,

③ Medium, fast, medium, slow air

12-----, 1-----, 2-----, 0-----,

④ tah, tah-tah, tah on one column of air

40

⑤ Play slurred, tongued, slur 2 - tongue 2, tongue 2 - slur 2

⑥ Maintain your best sound throughout swells

⑦ Jeopardy Warm up!

⑧ Play with both straight and swing eighths

⑨ Play slurred, tongued, slur 2 - tongue 2, tongue 2 - slur 2

⑩ Play slurred, tongued, slur 2 - tongue 2, tongue 2 - slur 2

Extend to play your entire range

⑪ Maintain your best sound throughout swells

p < *f* > *p* < *f* > *p* < *f* > *p* < *f* > *p* < *f* > *p* < *f* >